UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
OPTION I - Introduction to Psychopharmacology

Academic Year 2025/2026

1. Organic Unit

Institute of Psychology and Educational Sciences

2. Course

CLINICAL PSYCHOLOGY

3. Cycle

2nd

4. Course Unit

OPTION I - Introduction to Psychopharmacology (N5219)

5. Scientific Area

6. Curricular Year

1st

7. Type of Curricular Unit / Semester

1st Semester

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8. Class type and workload (work time)

Theoretical classes:	
Practical classes:	
Theoretical-Practical Classes	15,00
Tutorial Guidance:	

9. ECTS Credits

2,50

10. Scientific Area Coordinator

11. Regent

Prof. Doutor MANUEL CARLOS DO ROSÁRIO DOMINGOS

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

Teaching the bases of Psychopharmacology applicable to the teaching of Clinical and Health Psychology

15. Specific Objectives

Provide students with knowledge about the various psychotropic drugs and their main functions

16. Skills to be acquired

Knowledge and way of acting in the context of the application of different psychotropic drugs in mental illnesses.

17. Teaching Methodology

Presentation of materials and use of power points, and short videos.

18. Course Unit Program

Introduction
Pharmacokinetics and pharmacodynamics
Classification and action of Psychotropic Drugs
Interaction between medication and psychotherapy
Final considerations

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19. Assessment Methods

Mini-Tests (2)

20. Didactic Resources

Power Points

Videos

21. Sustainability Objectives

Provide solid training on the entirety of Psychopharmacology, its applicability to various mental state disorders and refer to the relationship between drugs and psychotherapy

22. Keywords

Psychopharmacology

Brain

Psychopathology

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23. Main Bibliography

Author(s):	Pedro Afonso, Maria Luisa Figueira, João Marques Teixeira e António Pacheco Palha		
Title:	Manual de Psicofarmacologia na Práctica Clínica		
Edition:	1ª	Year:	2018
Local:	Lisboa		
Publisher:	LIDEL		

Author(s):	Takesha Cooper, Gerald Maguire, Stephen M. Stahl		
Title:	Casos clínicos. Psicofarmacología esencial de Stahl		
Edition:	1ª	Year:	2023
Local:	España		
Publisher:	Grupo Aula Médica,		

Author(s):	Kaplan & Sadock.		
Title:	Manual de bolsillo de tratamiento psicofarmacológico		
Edition:	1ª	Year:	2020
Local:	España		
Publisher:	Ovid Technologies		

24. Complementary Bibliography

Author(s):	Maria Fe Bravo Ortiz		
Title:	Psicofarmacología para psicólogos		
Edition:	1ª	Year:	2008
Local:	España		
Publisher:	Editorial Sintesis		

Author(s):	Ana Adan, Gemma Prat		
Title:	Psicofarmacología. Bases neurofuncionales, acciones y terapéutica		
Edition:	1ª	Year:	2023
Local:	España		
Publisher:	Marge Medica Books		

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Ficha técnica MIP / MIP Datasheet	
Título / Title	Course Unit Program 'OPÇÃO I - INTRODUÇÃO À PSICOFARMACOLOGIA': Academic Year 2025/2026
Autor / Author	Prof. Doutor MANUEL CARLOS DO ROSÁRIO DOMINGOS
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Descritores / Descriptors	-
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