



UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Advanced Topics in Music therapy

Academic Year 2025/2026

1. Organic Unit

Institute of Psychology and Educational Sciences

2. Course

MUSIC THERAPY

3. Cycle

2nd

4. Course Unit

Advanced Topics in Music therapy (O9104)

5. Scientific Area

6. Curricular Year

1st

7. Type of Curricular Unit / Semester

2nd Semester



UNIVERSIDADE LUSÍADA
LISBOA

8. Class type and workload (work time)

Theoretical classes:

Practical classes:

Theoretical-Practical Classes 30,00

Tutorial Guidance: 20,00

9. ECTS Credits

7,50

10. Scientific Area Coordinator

11. Regent

Prof. Doutora ANA RITA LAUREANO MAIA

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

The main goal of this curricular unit is the acquisition of knowledge and theoretical and technical skills necessary for the practice of scientific research in all its stages, in the field of music therapy, through the systematic study of fundamental processes and specific strategies for planning, carrying out, analysis, interpretation and presentation of results.

15. Specific Objectives

As specific goals, students are expected to acquire skills to define the methodological aspects for the development of a research project with a clear indication of procedures, selection of samples/populations, evaluation and recording instruments and an information analysis plan.

16. Skills to be acquired

Is expected that the student acquires specific research skills, characterize the state of the art on a given topic, to base a research project and design a study, to identify research questions and build hypotheses, to decide and substantiate the methodological options, who decides on the type of analysis to be carried out and who knows how to interpret the results and frame them in the state of the art.

17. Teaching Methodology

Classes will be of a theoretical-practical nature, organized in expository phases followed by individual or group practical exercises on the topics addressed in each session. The expository phases will be supported by powerpoint presentations that will be made available to students.



UNIVERSIDADE LUSÍADA
LISBOA

18. Course Unit Program

1. Methodology
2. Choice of research design (quantitative, qualitative and mixed)
3. Sampling processes: sample types and statistical representativeness
4. Quantitative and qualitative inquiry instruments
 - Clinical interview techniques and methods
 - Quantitative assessment instruments in music therapy
 - Evaluation in case studies
5. Qualitative and quantitative methodological procedures
6. Data analysis plans
 - Preparation of information for the construction of databases (coding of open and closed questions, specification of rules for inserting information, construction of databases).
 - Database management (case selection, creation of new variables)
 - Preparation for data analysis (designation of variables and their codes, detection and correction of errors in the database, missing data and non-responses)
8. Descriptive statistical analysis and result interpretation techniques.
9. The Investigation Report
 - Definition of a research report structure (Problem, Literature review, Method, Results, Discussion and Conclusions)
10. Publication rules in APA format (scientific article).

19. Assessment Methods

The evaluation of the unit Advanced Themes in Music Therapy, will be carried out based on: 1) delivery of a work, which will consist of the design of a research project or internship, outlined throughout the semester, 2) oral presentation of the same and 3) final exam .

20. Didactic Resources

- Use of the internet to carry out bibliographic research;
- Use of the bibliographic reference database;
- Access to session presentations;
- Access to international journals in the field of music therapy.

21. Sustainability Objectives

- Providing quality education for all, to creating a peaceful and prosperous world.
- Increase the number of youth and adults who have relevant skills, including technical and vocational skills, for employment, decent jobs and entrepreneurship.
- Ensure that all learners acquire the knowledge and skills needed to promote sustainable development;
- Provide a safe, nonviolent, inclusive and effective environments for all.

22. Keywords

1. Quantitative and qualitative methodologies
2. Interview techniques
3. Evaluation in Music Therapy



UNIVERSIDADE LUSÍADA
LISBOA

23. Main Bibliography

Author(s): Creswell, J.W..
Title: Research design: qualitative, quantitative and mixed method approaches (3rd edition)
Edition: Thousand Oaks Year: 2008
Local: California
Publisher: Sage Publications

Author(s): Ribeiro, J.
Title: Investigação e avaliação em Psicologia e Saúde
Edition: Year: 2010
Local: Lisboa
Publisher: Placebo Editora

Author(s): Ghiglione, R. & Matalon, B.
Title: O inquérito, teoria e prática
Edition: Year: 1993
Local: Oeiras
Publisher: Celta Editora

24. Complementary Bibliography

Author(s): Bogdan, R. & Biklen, S.
Title: Investigação qualitativa em educação. Uma introdução à teoria e aos métodos.
Edition: 12-2013 Year: 2013
Local: Porto
Publisher: Porto Editora

Author(s): Bryman, A. & Cramer, D.
Title: Análise de dados em ciências sociais: introdução às técnicas utilizando o SPSS
Edition: Year: 2003
Local: Oeiras
Publisher: Celta Editores



UNIVERSIDADE LUSÍADA
LISBOA

Ficha técnica MIP / MIP Datasheet	
Título / Title	Course Unit Program 'TEMAS AVANÇADOS EM MUSICOTERAPIA': Academic Year 2025/2026
Autor / Author	Prof. Doutora ANA RITA LAUREANO MAIA
Classificação / Classification	-
Descritores / Descriptors	-
Colaborador(es) / Colaborator(s)	-
Data Hora / Date Time	
Formato de dados / Data Format	Texto / Text, PDF
Estatuto de utilização / Usage	Acesso público / Public Access
Relação / Relation	Version 1,0
(c) Universidade Lusíada, 2025	