UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Music Therapy Didactics

Academic Year 2024/2025

1. Organic Unit

Institute of Psychology and Educational Sciences

2. Course

MUSIC THERAPY

3. Cycle

2nd

4. Course Unit

Music Therapy Didactics (O9105)

5. Scientific Area

6. Curricular Year

1st

7. Type of Curricular Unit / Semester

2nd Semester

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8. Class type and workload (work time)

Theoretical classes:	
Practical classes:	
Theoretical-Practical Classes	30,00
Tutorial Guidance:	20,00

9. ECTS Credits

7,50

10. Scientific Area Coordinator

11. Regent

Prof. Doutora MARIA EDUARDA SALGADO CARVALHO

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

1. Promote knowledge and learning about the application of music therapy in different intervention contexts in childhood and adolescence
2. Work on music therapist skills in the various aspects of their work: clinical, musical and relational.

15. Specific Objectives

1. Learning the fundamentals and technical procedures of music therapy applied to childhood and adolescence.
2. Planning of therapeutic activities and evaluation of specific results of the Music therapy applied to childhood and adolescence.

16. Skills to be acquired

1. Identification of characteristics and therapeutic needs with the application of music therapy applied to childhood and adolescence.
2. Acquisition of knowledge of systematization of the music therapist's work, including data collection methodologies, therapeutic planning and progress evaluation.

17. Teaching Methodology

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1. Theoretical-practical exposition of theoretical knowledge and specific methodologies of Music therapy applied to childhood and adolescence.
2. Presentation of audio and video material on clinical situations in music therapy.
3. Carrying out demonstrative activities of the musical practices used in the settings
specific cases in which Music Therapy is applied to childhood and adolescence.

18. Course Unit Program

1- Introduction to the methodological procedures of applied music therapy. contexts of application; process planning in music therapy; assessment and diagnosis techniques;
introduction to active, receptive and integrative therapeutic techniques in music therapy.
2- Prenatal music therapy. Pregnancy, childbirth and the puerperium.
3- Music Therapy in Neonatology and Early Intervention. Emphasis on the context of
Prematurity and Disturbance of Relationship and Early Attachment.
4- Music therapy applied to Child Development Disorders: Emphasis on Relationship and Communication Disorders on the Autistic Spectrum and Asperger's Syndrome.
5- Music therapy applied to Sensory and Mental Disability in Children and Adolescents.
6- Music therapy applied to emotional disturbances caused by trauma in children and adolescents.
7-Music therapy applied in adolescence; prevention and intervention.

19. Assessment Methods

1) Attendance and participation in classes.
2) Individual work of bibliographic review of the application of music therapy in
context of childhood or adolescence.
3) observation report and analysis of a role playing session applying music therapy techniques applied to contexts of childhood and adolescence.

20. Didactic Resources

Bibliography of Music Therapy and Psychopathology of Childhood and Adolescence.
Musical instruments
Audio-visual resources for playing audio and video excerpts

21. Sustainability Objectives

3) Quality health
4) Quality education
5) Gender equality
10) Decrease the inequalities

22. Keywords

music therapy
infancy
perinatality
adolescence
human development
psychopathology

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23. Main Bibliography

Author(s):	Tony Wigram		
Title:	Improvisation: Methods and Techniques for Music Therapy Clinicians, Educators, and Students Paperbac		
Edition:	segunda	Year:	2004
Local:	Boston		
Publisher:	Jessica Kingsley Publishers		

Author(s):	Suzanne B. Hanser		
Title:	The New Music Therapist's Handbook		
Edition:	primeira	Year:	2018
Local:			
Publisher:	Berklee Press		

Author(s):	Felicity Baker (Editor), Tony Wigram (Series Editor), Prof Even Ruud		
Title:	Songwriting: Methods, Techniques and Clinical Applications for Music Therapy Clinicians, Educators a		
Edition:		Year:	2005
Local:	Boston		
Publisher:	Jessica Kingsley Publishers		

24. Complementary Bibliography

Author(s):	Jayne M. Standley and Darcy Walworth		
Title:	Music Therapy with Premature Infants: Research and Developmental Interventions		
Edition:		Year:	2010
Local:			
Publisher:	American Music Therapy Association		

Author(s):	Voicework in Music Therapy: Research and Practice Felicity Baker · Sylka Uhlig		
Title:	Voicework in Music Therapy: Research and Practice		
Edition:		Year:	2011
Local:			
Publisher:	Jessica Kingsley Publishers		

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Ficha técnica MIP / MIP Datasheet	
Título / Title	Course Unit Program 'MUSICOTERAPIA DIDÁTICA': Academic Year 2024/2025
Autor / Author	Prof. Doutora MARIA EDUARDA SALGADO CARVALHO
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