UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Research in Music Therapy

Academic Year 2024/2025

1. Organic Unit

Institute of Psychology and Educational Sciences

2. Course

MUSIC THERAPY

3. Cycle

2nd

4. Course Unit

Research in Music Therapy (O9108)

5. Scientific Area

6. Curricular Year

1st

7. Type of Curricular Unit / Semester

1st Semester

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8. Class type and workload (work time)

Theoretical classes:	
Practical classes:	
Theoretical-Practical Classes	30,00
Tutorial Guidance:	20,00

9. ECTS Credits

7,50

10. Scientific Area Coordinator

11. Regent

Prof. Doutora ANA RITA LAUREANO MAIA

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

The main goal of this curricular unit is the acquisition of knowledge, theoretical and technical skills necessary for the practice of scientific research, in all its stages, in the field of music therapy, through the systematic study of fundamental processes and specific planning strategies, realization, analysis, interpretation and presentation of results.

15. Specific Objectives

As specific goals, it is expected that students acquire skills to define and delimit a problem under study, theoretically framing it and critically analyzing research in this domain, preparing a literature review and defining research questions with a clear indication of the objectives and adequate foundation of the hypotheses to be studied.

16. Skills to be acquired

Students are expected to acquire specific research skills, namely, to characterize the state of the art on a given topic, to base a research project and design a study, to identify research questions and build hypotheses, to decide on the type of analysis to be carried out, know how to interpret the results and frame them in the state of the art, and acquire skills in scientific text writing (reports, papers, dissertations).

17. Teaching Methodology

Classes will be of a theoretical-practical nature, organized in expository phases followed by individual or group practical exercises on the topics addressed in each session. The expository phases will be supported by powerpoint presentations that will be made available to students.

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18. Course Unit Program

1. The scientific research process: from the formulation of a research problem to the presentation and discussion of results.
2. Stages of the investigation process:
- Literature review
- Formulation of the problem
- Construction of hypotheses
- Research planning and operationalization of concepts
- Data collection and analysis
- Interpretation of collected data
3. Scientific writing techniques and the methodological block in scientific reports
4. Structuring of research activity
- Literature review
- Use of theory to contextualize a research problem
- Construction of research questions
- Construction of the framework of hypotheses
- Ethical issues in research in Psychology

19. Assessment Methods

The evaluation of the Research in Music Therapy discipline will be carried out based on the delivery of: 1) a final individual written paper to be delivered, 2) a set of exercises to be developed throughout the semester and 3) an oral presentation. The structure of the individual written work consists of the elaboration of a critical literature review on a given theme related to the field of application of Music Therapy or related theme, the definition of the research question and the definition

20. Didactic Resources

- Use of the internet to carry out bibliographic research;
- Use of bibliographic reference databases;
- Access to the presentation of the sessions;
- Access to international journals in the field of music therapy.

21. Sustainability Objectives

- Provide quality education for all, creating a peacefull and prosperous world.
- Increase the number of youth and adults who have relevant skills, including technical and vocacional skills, for employment, decent jobs and enterpreneurship.
- Ensure that all learners acquire the knowledge and skills needed to promote sustainable development;
- Provide safe, nonviolent, inclusive and effective enviroment for all.

22. Keywords

- Process of investigation
- Question and problem of investigation
- Literature review
- Method

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23. Main Bibliography

Author(s):	Creswell, J.W..		
Title:	Research design: qualitative, quantitative and mixed method approaches (3rd edition)		
Edition:	Thousand Oaks	Year:	2008
Local:	California		
Publisher:	Sage Publications		

Author(s):	Quintanilla, C.L. et al.		
Title:	Fundamentos de investigación en psicologia		
Edition:	1ª	Year:	2020
Local:			
Publisher:	Editorial UNED		

Author(s):	Wheeler, B. & Murphy, K.		
Title:	Music Therapy Research		
Edition:	3rd	Year:	2016
Local:	Barcelona		
Publisher:	Barcelona Publishers		

24. Complementary Bibliography

Author(s):	Edwards, J.		
Title:	Music Therapy Research: Context, Methodology, Current and Future Developments.		
Edition:		Year:	2015
Local:	Oxford		
Publisher:	Oxford Library of Psychology		

Author(s):	Phillips, Keneth H.		
Title:	Exploring reasearch in music therapy		
Edition:		Year:	2007
Local:			
Publisher:	Oxford University Press		

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Ficha técnica MIP / MIP Datasheet	
Título / Title	Course Unit Program 'INVESTIGAÇÃO EM MUSICOTERAPIA': Academic Year 2024/2025
Autor / Author	Prof. Doutora ANA RITA LAUREANO MAIA
Classificação / Classification	-
Descritores / Descriptors	-
Colaborador(es) / Colaborator(s)	-
Data Hora / Date Time	
Formato de dados / Data Format	Texto / Text, PDF
Estatuto de utilização / Usage	Acesso público / Public Access
Relação / Relation	Version 1,0

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