UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Internship Seminar / Internship Report

Academic Year 2024/2025

1. Organic Unit

Institute of Psychology and Educational Sciences

2. Course

MUSIC THERAPY

3. Cycle

2nd

4. Course Unit

Internship Seminar / Internship Report (O9111)

5. Scientific Area

6. Curricular Year

2nd

7. Type of Curricular Unit / Semester

Annual

FUNDAÇÃO MINERVA CULTURA - ENSINO E INVESTIGAÇÃO CIENTÍFICA

Rua da Junqueira, 188 a 198 - 1349-001 LISBOA - Telefone 213 611 500 - Fax 213 638 307 - e-mail: info@lis.ulusiada.pt - https://www.lis.ulusiada.pt

8. Class type and workload (work time)

Theoretical classes:	
Practical classes:	
Theoretical-Practical Classes	
Tutorial Guidance:	30,00

9. ECTS Credits

60,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutora TERESA PAULA RODRIGUES DE OLIVEIRA LEITE MAURER

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

1. To guide the student into designing and carryng through a music therapy intervention project in Music Therapy;
2. Train the student in the application of the theoretical and methodological principles of Music Therapy in the context of direct intervention in an institutional setting
3. Guide and monitor the clinical practice of the student under the code of ethics of the APMT
4. Guide the realization of the final document of internship report

15. Specific Objectives

1. Promote in-depth knowledge of the principles of application of music therapy to clinical populations with specific characteristics, according to the institution where the internship will take place;
2. Train the student to structure and conceptualize clinical cases, as well as in sharing and presentating his/her work with other professionals.
3. Train the student in the preparation of clinical records and academic writing based on the practice standards of music therapy professional associa

16. Skills to be acquired

FUNDAÇÃO MINERVA CULTURA - ENSINO E INVESTIGAÇÃO CIENTÍFICA

Rua da Junqueira, 188 a 198 - 1349-001 LISBOA - Telefone 213 611 500 - Fax 213 638 307 - e-mail: info@lis.ulusiada.pt - https://www.lis.ulusiada.pt

1. Ability to apply the knowledge and skills acquired in an academic context to a situation of direct intervention in music therapy;
2. Ability to prepare records of sessions, therapeutic plans and progress reports in music therapy;
3. Relational skills and therapeutic attitude with subjects with special needs and characteristics;
4. Ability to work in teams and share information between professionals.

17. Teaching Methodology

Seminar format class dynamics, with small group discussion an experimentations;
Theoretical-practical presentation of specific themes and aqcuiared knowledge within the specific type of institution and target-population of each internship site;
Clinical case presentation and group feedback;
Presentation and appreciation of audio-video recordings of sessions;
Direct guidance in the making of the internship reports and disseertations;
Question and answer dynamics within the topic of music th

18. Course Unit Program

1. Design and implementation of a Music Therapy intervention project in an institution;
2. The role of the music therapist in the team: communication, complementarity and team dynamics;
3. Music therapy in the institution: organizational aspects, procedures, space management and team relationships;
4. The specific setting of Music Therapy: logistical aspects, physical arrangements and procedures;
5. Clinical observation and interpretation of evaluation and diagnostic data in a music therapy setting;
6. Design and implementation of a therapeutic plan in Music Therapy: Evaluation and diagnosis; therapeutic problems and objectives; musical techniques and activities; evaluation instruments;
7. The therapeutic relationship in Music Therapy: empathic listening and therapeutic attitude; the management of the therapeutic space;
8. Music in music therapy: repertoire, technical challenges and the role of music in the therapeutic process

19. Assessment Methods

Attendance and performance evaluation by field supervisor, at the institution
Attendance and presentation of cases in class
Observation of direct intervention skills (session video recordings)
Quality of written documents
INDISPENSABLE REQUIREMENTS FOR APPROVAL IN THIS COURSE: realization, within the deadlines established at the beginning of the year, of the following FOUR written elements of evaluation: internship project; part 1 of the report; part 2 of the report; 1st version of the full

20. Didactic Resources

Musical instruments
Computer and video projector
Stereo system
Electronic and paper documents from the available literature

FUNDAÇÃO MINERVA CULTURA - ENSINO E INVESTIGAÇÃO CIENTÍFICA

Rua da Junqueira, 188 a 198 - 1349-001 LISBOA - Telefone 213 611 500 - Fax 213 638 307 - e-mail: info@lis.ulusiada.pt - https://www.lis.ulusiada.pt

21. Sustainability Objectives

Good health and well-being
Reduced inequalitites

22. Keywords

FUNDAÇÃO MINERVA CULTURA - ENSINO E INVESTIGAÇÃO CIENTÍFICA

Rua da Junqueira, 188 a 198 - 1349-001 LISBOA - Telefone 213 611 500 - Fax 213 638 307 - e-mail: info@lis.ulusiada.pt - https://www.lis.ulusiada.pt

23. Main Bibliography

Author(s):	Polen, D. W., Shultis, C.L, & Wheeler, B.		
Title:	Clinical training guide for the student music therapist		
Edition:	2ª	Year:	2012
Local:	Dallas, TX, EUA		
Publisher:	Barcelona Publishers		

Author(s):	Thompson, Grace		
Title:	Goals processes in music therapy practice		
Edition:	1ª	Year:	2022
Local:	Londres		
Publisher:	Jessica Kingsley Publishers		

Author(s):	Schwartz, Elizabeth		
Title:	Basic verbal skills for music therapists		
Edition:	1ª	Year:	2018
Local:	Gilsum, PA		
Publisher:	Barcelona Publishers		

24. Complementary Bibliography

Author(s):	Jacobsen, S., Waldon, E., & Gattino, G.		
Title:	Music therapy asessment: theory, research and application		
Edition:	1ª	Year:	2018
Local:	Londres		
Publisher:	Jessica Kingsley Publishers		

Author(s):	Strange, J., Odell-Miller, & Richards, E.		
Title:	Collaboration and Assistance in Music Therapy Practice: roles, relationships and challenges		
Edition:	1ª	Year:	2016
Local:	Londres		
Publisher:	Jessica Kingsley Publishers		

FUNDAÇÃO MINERVA CULTURA - ENSINO E INVESTIGAÇÃO CIENTÍFICA

Rua da Junqueira, 188 a 198 - 1349-001 LISBOA - Telefone 213 611 500 - Fax 213 638 307 - e-mail: info@lis.ulusiada.pt - https://www.lis.ulusiada.pt

UNIVERSIDADE LUSÍADA
LISBOA

Ficha técnica MIP / MIP Datasheet	
Título / Title	Course Unit Program 'SEMINÁRIO DE ESTÁGIO / RELATÓRIO DE ESTÁGIO': Academic Year 2024/2025
Autor / Author	Prof. Doutora TERESA PAULA RODRIGUES DE OLIVEIRA LEITE MAURER
Classificação / Classification	-
Descritores / Descriptors	-
Colaborador(es) / Colaborator(s)	-
Data Hora / Date Time	
Formato de dados / Data Format	Texto / Text, PDF
Estatuto de utilização / Usage	Acesso público / Public Access
Relação / Relation	Version 1,0

(c) Universidade Lusíada, 2024

FUNDAÇÃO MINERVA CULTURA - ENSINO E INVESTIGAÇÃO CIENTÍFICA

Rua da Junqueira, 188 a 198 - 1349-001 LISBOA - Telefone 213 611 500 - Fax 213 638 307 - e-mail: info@lis.ulusiada.pt - https://www.lis.ulusiada.pt

UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Internship Seminar / Internship Report

Academic Year 2024/2025

1. Organic Unit

Institute of Psychology and Educational Sciences

2. Course

MUSIC THERAPY

3. Cycle

2nd

4. Course Unit

Internship Seminar / Internship Report (O9111)

5. Scientific Area

6. Curricular Year

2nd

7. Type of Curricular Unit / Semester

Annual

FUNDAÇÃO MINERVA CULTURA - ENSINO E INVESTIGAÇÃO CIENTÍFICA

Rua da Junqueira, 188 a 198 - 1349-001 LISBOA - Telefone 213 611 500 - Fax 213 638 307 - e-mail: info@lis.ulusiada.pt - https://www.lis.ulusiada.pt

8. Class type and workload (work time)

Theoretical classes:	
Practical classes:	
Theoretical-Practical Classes	
Tutorial Guidance:	30,00

9. ECTS Credits

60,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutora SUSANA AURORA GUTIÉRREZ JIMÉNEZ

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

1. Guide the student in the implementation of an intervention project in Music Therapy;
2. Train the student in the application of the theoretical and methodological principles of Music Therapy in a context of direct intervention in an institutional setting
3. Supervise and guide the student's clinical practice under the APMT code of ethics.

15. Specific Objectives

1. Promote in-depth knowledge of the principles of applying music therapy to clinical populations with specific characteristics and needs, in the area of intervention in which the institution hosting the internship operates;
2. Train the student in the structuring and conceptualization of clinical cases, as well as in sharing and presenting work with other professionals.

16. Skills to be acquired

1. Ability to apply the knowledge and skills acquired in an academic context to a situation of direct intervention in music therapy;
2. Ability to prepare evaluations, therapeutic plans and records of music therapy sessions;
3. Relational skills and therapeutic attitude with subjects with special needs and characteristics;
4. Ability to work in a team and discuss cases among professionals;
5. Ability to translate observation elements and parameters

FUNDAÇÃO MINERVA CULTURA - ENSINO E INVESTIGAÇÃO CIENTÍFICA

Rua da Junqueira, 188 a 198 - 1349-001 LISBOA - Telefone 213 611 500 - Fax 213 638 307 - e-mail: info@lis.ulusiada.pt - https://www.lis.ulusiada.pt

17. Teaching Methodology

Class in seminar format, in small groups;
Theoretical-practical exposition of specific themes and knowledge related to the applications of music therapy to the target population and institutional setting of each stage;
Presentation and discussion of clinical cases in groups;
Presentation and appreciation of audio-video recordings of sessions held
Direct guidance in the preparation of projects and internship reports;
Clarification of doubts in the field of music therapy and psychopathology.

18. Course Unit Program

1. Design and implementation of a Music Therapy intervention project in an institution;
2. The role of the music therapist in the team: communication, complementarity of services and team dynamics;
3. Music therapy in the institution: organizational aspects and procedures to be implement in space and with the team;
4. The specific music therapy setting: logistical aspects, space and procedures;
5. Clinical observation and interpretation of assessment and diagnosis data in a music therapy setting;
6. Construction and implementation of a therapeutic plan in Music Therapy: Evaluation and diagnosis; therapeutic problems and objectives; musical techniques and activities; evaluation instruments;
7. The therapeutic relationship in Music Therapy: empathic listening and therapeutic attitude; the management of the therapeutic space;
8. Music in music therapy: repertoire, technical challenges and the role of music in the therapeutic process

19. Assessment Methods

Attendance and professional attitude at the institution;
Attendance and participation (sharing of own work and adequate feedback) in classes;
Therapeutic management skills of the relationship, music and users in session (audio-video recordings);
Presentation, in due time, and academic quality of the following written evaluation elements: internship project; part I, part II and full version of the internship report;
Quality of tasks performed throughout

20. Didactic Resources

Musical instruments
Computer and video projector
Sound equipment
Bibliographic material

21. Sustainability Objectives

This discipline will follow the UN Agenda 2030 sustainability objectives. With special emphasis on objective 4 Quality Education. Providing quality education for all is critical to creating a peaceful and prosperous world. Education gives people the knowledge and skills they need to stay healthy, get jobs and promote tolerance.

FUNDAÇÃO MINERVA CULTURA - ENSINO E INVESTIGAÇÃO CIENTÍFICA

Rua da Junqueira, 188 a 198 - 1349-001 LISBOA - Telefone 213 611 500 - Fax 213 638 307 - e-mail: info@lis.ulusiada.pt - https://www.lis.ulusiada.pt

22. Keywords

music therapy
psychosocial intervention
Evaluation and Diagnosis
Music therapy methods and techni

23. Main Bibliography

Author(s):	Hanson-Abromeit, Deanna, & Colwell, Cynthia		
Title:	Clinical training guide for the student music therapist		
Edition:	1ª	Year:	2010
Local:	Silver SPring, MD, EUA		
Publisher:	American Music Therapy Association		

Author(s):	Canevska, R. O. & Nergis, R. A.		
Title:	MUSIC THERAPY FOR CHILDREN WITH SPECIAL EDUCATIONAL NEEDS In book: RESEARCH & REVIEWS IN EDUCATIONAL		
Edition:	I (pp.61-78)	Year:	2021
Local:	Silver Spring, MD, EUA		
Publisher:	Gece Kitaplığı / Gece Publishing		

Author(s):	Oldfield, A.		
Title:	Music Therapy Groups with Children: Activities for Groups with Particular Needs		
Edition:	1ª	Year:	2023
Local:	London		
Publisher:	Jessica Kingsley Publishers; 1er edición		

24. Complementary Bibliography

Author(s):	American Psychiatric Association.		
Title:	Understanding Mental Disorders: Your Guide to DSM-5-TR®.		
Edition:	5ª	Year:	2023
Local:	Lisboa		
Publisher:	American Psychiatric Pub		

Author(s):	Federico, G & Tosto, V.		
Title:	Lo que Suena en las sesiones		
Edition:	1ª	Year:	2019
Local:	Buenos Aires, Argentina		
Publisher:	Kier		

FUNDAÇÃO MINERVA CULTURA - ENSINO E INVESTIGAÇÃO CIENTÍFICA

Rua da Junqueira, 188 a 198 - 1349-001 LISBOA - Telefone 213 611 500 - Fax 213 638 307 - e-mail: info@lis.ulusiada.pt - https://www.lis.ulusiada.pt

UNIVERSIDADE LUSÍADA
LISBOA

Ficha técnica MIP / MIP Datasheet	
Título / Title	Course Unit Program 'SEMINÁRIO DE ESTÁGIO / RELATÓRIO DE ESTÁGIO': Academic Year 2024/2025
Autor / Author	Prof. Doutora SUSANA AURORA GUTIÉRREZ JIMÉNEZ
Classificação / Classification	-
Descritores / Descriptors	-
Colaborador(es) / Colaborator(s)	-
Data Hora / Date Time	
Formato de dados / Data Format	Texto / Text, PDF
Estatuto de utilização / Usage	Acesso público / Public Access
Relação / Relation	Version 1,0

(c) Universidade Lusíada, 2024

FUNDAÇÃO MINERVA CULTURA - ENSINO E INVESTIGAÇÃO CIENTÍFICA

Rua da Junqueira, 188 a 198 - 1349-001 LISBOA - Telefone 213 611 500 - Fax 213 638 307 - e-mail: info@lis.ulusiada.pt - https://www.lis.ulusiada.pt