UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Elective I - Harmonic Instruments

Academic Year 2024/2025

1. Organic Unit

Institute of Psychology and Educational Sciences

2. Course

MUSIC THERAPY

3. Cycle

2nd

4. Course Unit

Elective I - Harmonic Instruments (O9113)

5. Scientific Area

6. Curricular Year

1st

7. Type of Curricular Unit / Semester

1st Semester

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8. Class type and workload (work time)

Theoretical classes:	
Practical classes:	
Theoretical-Practical Classes	10,00
Tutorial Guidance:	5,00

9. ECTS Credits

2,50

10. Scientific Area Coordinator

11. Regent

Prof. Doutor NUNO ALEXANDRE PINTO RIBEIRO DA COSTA

12. Assistants

13. Teaching Language

Portuguese

14. General Objectives

Introduction to the Study of Harmonic Instruments: Timbral and Physical Characteristics, Technical Terms, Posture, and Musical Approaches. General understanding of the melodic and harmonic construction capabilities of these type of instruments. Practical application of elementary technical and theoretical resources.

15. Specific Objectives

Introduction to the Practice of a Harmonic Instrument: Guitar or Piano. Application of basic major and minor harmony concepts to the specific characteristics of these instruments. Understanding and practice of common chord progressions commonly used in popular music. Acquisition of simple improvisation and transposition skills. Introduction to reading chord symbols in popular music.

16. Skills to be acquired

Achieve the ability to perform small major and minor harmonic progressions. Develop the skill to learn by ear and/or transpose simple melodies and harmonies. Create short cyclic improvisations in major, minor, or modal tonalities. Gain proficiency in reading and performing popular songs from chord symbols.

17. Teaching Methodology

Oral presentation of the content. Practical demonstrations on the instrument. Reading of sheet music with practical examples and exercises. Instrumental practice of the materials covered.

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18. Course Unit Program

Practical application to the instruments (guitar or piano) of:
a. Major and minor scales;
b. Modal scales;
c. Pentatonic and Blues scales;
d. Major, minor, diminished, and augmented triads with inversions;
e. Seventh chords;
f. Simple cadences and harmonic progressions;
g. Instrumental technique exercises;
h. Study of pieces selected by the instructor.

19. Assessment Methods

a. Keeping up with the material taught throughout the semester and completing the recommended weekly practices between lessons.
b. Attendance.
c. Performance in classroom performances.
d. Performance in video-recorded performances.

20. Didactic Resources

Written exercises provided by the instructor. Study of recommended literature. Listening to various audio materials.

21. Sustainability Objectives

- Good Health and Well-Being
- Quality Education
- Gender Equality
- Decent Work and Economic Growth
- Reduced Inequalities
- Peace, Justice and Strong Institutions

22. Keywords

Tonal Harmony
Chord Symbol
Gregorian Modes
Pentatonic Scales
Improvisation
Transposition

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23. Main Bibliography

Author(s):	Barone, Francesco		
Title:	Guitar chords in context		
Edition:	1ª	Year:	2022
Local:	Medford, MA, EUA		
Publisher:	Francesco Barone		

Author(s):	Cion, Sarah Jane		
Title:	The ultimate play by ear piano method		
Edition:	1ª	Year:	2022
Local:	Bronx, NY, EUA		
Publisher:	Safflower Music Publishing		

Author(s):	Leavitt, William & Baione, Larry		
Title:	A modern method for guitar, volume 1		
Edition:	1ª	Year:	2014
Local:	Boston, MA, E.U.A.		
Publisher:	Berklee Press		

24. Complementary Bibliography

Author(s):	Hilley, Martha & Olson, Lynn Freeman		
Title:	Piano for the developing musician		
Edition:	6ª	Year:	2010
Local:	Boston, MA, E.U.A.		
Publisher:	Schirmer, Cengage Learning		

Author(s):	Lancaster, E. L. & Renfrow, Kenon D.		
Title:	Alfred's group piano for adults, book 1		
Edition:	2ª	Year:	2008
Local:	Van Nuys, CA, E.U.A		
Publisher:	Alfred Music Publishing		

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Ficha técnica MIP / MIP Datasheet	
Título / Title	Course Unit Program 'OPÇÃO I - INSTRUMENTOS HARMÓNICOS': Academic Year 2024/2025
Autor / Author	Prof. Doutor NUNO ALEXANDRE PINTO RIBEIRO DA COSTA
Classificação / Classification	-
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