UNIVERSIDADE LUSÍADA
LISBOA

Course Unit Program
Elective Course II - Curricular Internship

Academic Year 2025/2026

1. Organic Unit

Faculty of Business and Economic Sciences

2. Course

Tourism Management

3. Cycle

1st

4. Course Unit

Elective Course II - Curricular Internship (V2133)

5. Scientific Area

6. Curricular Year

3rd

7. Type of Curricular Unit / Semester

2nd Semester

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8. Class type and workload (work time)

Theoretical classes:	
Practical classes:	
Theoretical-Practical Classes	30,00
Tutorial Guidance:	20,00

9. ECTS Credits

6,00

10. Scientific Area Coordinator

11. Regent

Prof. Doutor MÁRIO ALEXANDRE GUERREIRO ANTÃO

12. Assistants

Prof. Doutor PEDRO NUNO GOMES DA COSTA

13. Teaching Language

Portuguese

14. General Objectives

To carry out a curricular internship, where the student will have the opportunity to apply the learning acquired during the 6 semesters of the bachelors course.

15. Specific Objectives

Carrying out the curricular internship is intended to be an instrument for the student's first approach to the job market in order to apply in practice the knowledge acquired throughout the course and, simultaneously, to also facilitate the forthcoming entry into the job market.

16. Skills to be acquired

Analytical Reasoning: - To identify the subjects learned throughout the course as, during the internship, they prove to be necessary for the work, as well as developing skills to analyze problems and present solutions.
Critical Reasoning: - To have the ability to carry out activities and use instruments, methods and procedures learned throughout the course in practical situations in the line of work.

17. Teaching Methodology

The curricular internship takes place in a real work context, under the joint guidance of the lecturer responsible for the curricular unit and a supervisor at the host organisation. It includes tutorial monitoring sessions and the preparation of a final report, which summarises the activities carried out, critical reflection and the link between practice and the knowledge acquired

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18. Course Unit Program

1. Signing a curricular internship contract with the host entity under the Specific Regulations of the U.C. "Option II - Internship" of the 1st cycle of studies leading to a Bachelor's degree in Tourism Management at Universidade Lusíada - Lisbon;

2. Completion of the Internship at the host entity, lasting a minimum of 150 hours;

3. Delivery of the Internship Report;

4. Presentation and public discussion of the Internship Report.

19. Assessment Methods

The assessment is based on the final internship report, the host organisation's performance evaluation and, where applicable, an oral discussion of the report. Criteria such as technical rigour, relevance of the activities carried out, critical reflection and consistency between objectives and results are taken into account.

20. Didactic Resources

Resources provided by the host entity, as well as powerpoint presentations and, occasionally, slideshows, internet resources and/or short illustrative videos used by the superviisor during the tutorial process.

21. Sustainability Objectives

All Sustainable Development Goals (SDGs) adopted by the United Nations in 2015 to ensure that by 2030 all people enjoy peace and prosperity are addressed by this subject, in particular SDGs numbers 4, 8. 10, 11 and 16. This is due to the fact that all the 17 SDGs are integrated and it is recognized that action in one area will affect outcomes in others, and that development must balance social, economic and environmental sustainability.

22. Keywords

Internship
Final report
Advisor
Supervisor
Fieldwork

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23. Main Bibliography

Author(s): Sarmento, Manuela
Title: Guia Prático sobre a Metodologia Científica para a Elaboração, Escrita e Apresentação de Teses de Do
Edition: 3ª Year: 2013
Local: Lisboa
Publisher: Lusíada
ISBN Code:

Author(s): Marconi, M. A., & Lakatos, E. M.
Title: Fundamentos de Metodologia Cientifica
Edition: 4ª Year: 2019
Local: São Paulo
Publisher: Atlas
ISBN Code:

Author(s): Bardin, Laurence
Title: Análise de Conteúdo
Edition: 6ª Year: 2011
Local: Lisboa
Publisher: Edições 70
ISBN Code:

24. Complementary Bibliography

Author(s): American Psychological Association
Title: Publication Manual of the American Psychological Association.
Edition: 7ª Year: 2019
Local: Washington, DC
Publisher: American Psychological Association
ISBN Code:

Author(s): Espírito Santo, P.
Title: Introdução à Metodologia das Ciências Sociais
Edition: 2ª Year: 2015
Local: Lisboa
Publisher: Edições Sílabo
ISBN Code:

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Ficha técnica MIP / MIP Datasheet	
Título / Title	Course Unit Program 'OPÇÃO II - ESTÁGIO': Academic Year 2025/2026
Autor / Author	Prof. Doutor MÁRIO ALEXANDRE GUERREIRO ANTÃO
Classificação / Classification	-
Descritores / Descriptors	-
Colaborador(es) / Colaborator(s)	-
Data Hora / Date Time	
Formato de dados / Data Format	Texto / Text, PDF
Estatuto de utilização / Usage	Acesso público / Public Access
Relação / Relation	Version 1,0

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